the red lion

FULL HOUSE - £11
Two eggs, streaky bacon, pork & herb sausages, roast tomato, hash brown, baked beans, roast mushroom and toast [wgo] [992Kcal]

VEGGIE HOUSE - £11
Two eggs, roast tomato, roast mushroom, grilled halloumi, hash brown, baked beans, avocado and toast [v] [pbo] [wgo] [1177Kcal]

MAPLE SYRUP, BANANA, AND MEDJOOL DATE PORRIDGE - £5.5
Oat milk and chia seeds [pb] [wg] [500Kcal]

BUTTERMILK PANCAKE STACK - £8.5
Blueberries, rhubarb compote, crème fraîche and strawberries [v] [656Kcal]

CRISPY BACON & MAPLE SYRUP BUTTERMILK PANCAKE STACK - £9
Poached eggs [869Kcal]

SHREDDED CONFIT DUCK HASH - £7.5
Potato, watercress and a fried duck egg [wg] [404Kcal]

SMOKED SALMON - £9
Toasted seeded bagel, crème fraîche and dill with crispy lilliput capers [434Kcal]

SOUTHERN FRIED BUTTERMILK CHICKEN - £7.5
Maple syrup waffles and crème fraîche [1150Kcal]

AÇAI SMOOTHIE BOWL - £6.5
Fresh berries, passionfruit and super fruit, coconut & seed medley [wg] [200Kcal]

BANANA, HONEYDEW MELON, KIWI, APPLE AND PASSION FRUIT SALAD - £6
Coconut yoghurt, maple syrup, chia seeds, and mint [pb] [wg] [224Kcal]

Extras

Hash browns - £2 [pb] [wg] [120Kcal]

Black pudding - £2 [251Kcal]

British pork & herb sausages - £2.5 [150Kcal]

Streaky bacon [wg] - £2.5 [160Kcal]

Thyme roasted field mushrooms - £1.5 [pb] [wg] [34Kcal]

Slow roasted tomatoes - £1.5 [pb] [wg] [20Kcal]

Grilled halloumi - £4 [wg] [338Kcal]

Avocado, chilli and lemon - £3 [pb] [wg] [277Kcal]